

Take The Training

The SafeSport Program training and education is provided through an online platform and its purpose is to educate our members in becoming aware of opportunities to assist in the prevention of harassment and abuse within our sport. Members are able to access the program through the Members Only site (just login to your members only account, click on the SafeSport Initial Training icon and follow the instructions to create an account and access the Training). **The online program is free to our members!** Course completions will be tracked in your member profile. If you are not a member and are required by U.S. Figure Skating to complete the SafeSport Training, please contact us at **Member Services** P:719.635.5200 or send us an email to memberservices@usfigureskating.org.

The **initial training** provides information to educate our members on opportunities to assist in the provision of a positive experience and the creation of a safe environment for every athlete, coach and volunteer. SafeSport Training is valid for two (2) years after the completion date for those who are required to complete the Training.

The training consists of three courses which take approximately 30-45-minutes each to complete. You can start and stop the Training at any time. If you stop at any point prior to completion, you will return at the same place where you left off. Each course consists of a pre-test, videos, learning scenarios and a final test that those required to take the Training must pass.

SafeSport

Critical information to help keep every program safe: Athletes will perform better, soar higher, and get more from sport if they feel safe. Misconduct threatens that safety, and it can happen in every sport and at every competitive level. This SafeSport online training program teaches you about the nature of misconduct in sport: how to recognize it, how to prevent it and how to take action. The information in this course will help to keep sport a positive experience for every athlete, coach and volunteer.

SafeSport Parent (coming Spring 2018)

Developed for parents of athletes, this course addresses important topics around recognizing, preventing and taking action against misconduct in sports, from a parent perspective. This course, which takes a little over half an hour to complete, helps parents become active participants in creating safe, positive sports environments for their child.

SafeSport Refresher (coming Spring 2018)

Review key concepts to help keep athletes safe. If it's been a year or more since your members have completed the initial SafeSport training, we recommend this brief refresher course. This 30-minute training reviews critical concepts to help keep your sport program safe and positive for every participant.